



The 10 Hour Working Week

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Table of Contents

About the book	3
Copyright	4
Preface	5
About the author	6
10 Hours More or Less	7
An Example of Life	9
School vrs Work	11
10 Hours Saved and Earned	13
Conclusion	15

About the book

This book will advise how best to stop wasting at least 10 hours per week,. Maybe less and could be a lot more.

Its a controversial statement. But, if you dare to stop doing it. That time will become family time, home time, holiday time,

Imagine if you could save 10 hours per week then 10 hours travel in one day would not be that great a deal would it?

Copyright

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Preface

It has been the great urban myth that when you are at school. Your taught lots of subjects you may never use when you leave school.

In fact that is the case. With the internet been such a handy tool if the children were given the general history of life, and about geography etc. Then more time could be spent on the more important things

How many schools do you know teach as one of the main subjects

- How to manage a bank account
- How to start a business
- What is the difference of work, your own business and a franchise
- How to buy a house and let alone save for it.
- How to be financially successful with stock market, compound interest etc

Well this book is going to give you how to work 10 hours a week or more if you wish. And the working day the 9 - 5 will be something of a memory.

About the Author

David Waters, is an short book writer, a educator in the world of business online. With books on various subjects from How to lose weight to how to get traffic to your website.

In the past I've been a mechanic, office worker, massage/reflexology therapist. And now a teacher to those who want to be educated in the online business world

Enjoy the book and its content.

10 Hours More or Less

There is as I say a lot of people who have the wrong idea about living.

In the past I've had several jobs, a serious car accident and much more.

After the accident, there were many years where there was a lot done. Yet little to show for it.

It was not unusual to work in excess of 9/10 hours a day, not to mention the travel to and from work.

Many people have done this.

When a Diesel Mechanic in Western Australia and it still happens today. Many people go and work on a mine-site for 3 - 4 weeks come back for a week then go back out on site.

Why, it's great money and in 3 or 4 years they would have enough money to buy a house, car, boat and be comfortable.

What happens then is they leave the mine-site then have to replace that income with something that will tie them over until they retire.

Remember they will not need to be paid as much, yet they lost 3 - 4 years on a mine-site to do this.

Then there are the people who are unable to do this and work 1 -3 jobs a week to pay for the mortgage the bills etc.

So could you save 10 hrs a week and get a Full Time income on a Part Time business?

Would you be one of those people on a mine site or traveling to one or more jobs a day and spending at least 1 hour getting there and back let alone the time getting ready or the wind down when arriving home, or rushing now to pick up children from sport, etc.

Just remember three things in life to live well

1. Financially well off
2. Health, keeping your health well into old age
3. Family, been able to help your family growing up

How do you do this now?

Work a lot, more than 1 job, rush around after family with sport etc

[What I changed to](#)

An Example of Life

No matter who you are we all have a plan to build a better life.

If it is to become rich and famous, maybe a good reliable income, get married have kids put them through college and or university and help your family th have a good life.

As I said in the last chapter there are three types of people

1. The day to day worker, with one or more jobs
2. The person who works away from home
3. The person who has a part time job with a Full Time income

What do they all have in common a plan to build their life, leave a legacy of what they have done or lived the best they are able to.

So let me tell you we all have goals no matter how big or small and some work and some don't. The ones that don't work are called mistakes. Or as Edison said once "I have not failed I've found 10,000 ways that won't work.

I used to do something wrong and reel over backwards trying to change it or do what I thought was right. The best thing to do is move on. Simple as that, move on and do better.

Now back pre 1990 moving from New Zealand to Australia thinking this was a good move to a better life, a better way of doing things etc.

"To do something you need to get out of your comfort zone"

This happened and woohoo I was working on mine-sites, on engines from 1,000 Horsepower to 13 mega hertz.

That was really awesome, after all been paid to drive to mine-sites over 1,000 kilometers from my hometown was pretty cool. Telling my boss that I was a paid tourist.

To cut a long story short. This was my downfall at the time. Yes, been there only 2 years, it was easy to have doubled my pay packet. Only if I never had that car accident. Outcome cervical (neck) spinal injuries.

brain trauma.

1. Did this change my plans?
2. Would this have changed your life?

Well life was not that fantastic. 12 months of rehab, no real income and no real help. Yet, managed to get on my feet, run a marathon 2 1/2 years later, work in a office and look after a pacific region manager role, started my own massage/reflexology business and become a head trainer for a local football club, state teams and even a NBL football team and Olympic sporting member

So have you got a plan in place if something went wrong in your plans? It should never happen after all it always happens to someone else does it not? Of course, and me and all those other people it happened to said exactly that pre the accident. It would never happen to me.

Then again the internet was still in its infancy, now it gives You the tools to make a difference, with a full time job working part time etc

So whatever you do re look at your 6 - 12 month, 5 year, 10 year plan

Okay let's have more of [a look at this](#)

School vs Work

Our life is conditioned from school.

Even when you start school. We do several things the same as a worker in a office

- Get ready to go somewhere
- Travel to that destination be it school or work
- Do what is needed either been educated or work
- Travel home
- Then try to do everything we want to do for ourselves in the evening hours
- The weekends are catch up, rest, have fun, before getting ready for the upcoming week
- The only real difference there is there are more holidays at school

As you see it's all very similar, the school system sets up for life.

Conditioning the mind, ensuring you do the same hours, at least 5 days a week.

- Get a job
- Buy a home
- Have debts
- Not paid enough to pay bills, or time to holiday and save for the future
- Unless you have a financial mind, and set up a financial plan it is very hard to get ahead.

Remember one thing before paying your bills pay yourself then the bills. Doing the pay bills then yourself, generally you have nothing left.

The outcome, when at work do what you need to survive, some even take on a 2nd or 3rd job. Just to survive.

While reading this. Are you tired of working for a living. Some may love

their job. Yet a simple change jumping out of your comfort zone will save you [10 hours a week](#).

10 Hours Saved and Earned

This is where you will learn that you are using up 10 hours per week, more or less, doing really nothing and it costs you each minute.

Now this is what people do not get. Or never thought of.

Each week for many they drive to and from work. Many will spend an hour more or less behind the wheel in traffic, on buses, trains or even in taxis and many use this for exercise riding on a cycle or walking to work. The last two are the smart ones in my book. Yet they are still wasted.

Why? (not in a fitness way)

Well when I was driving to and from work, including time getting ready for work, changing into my home clothes at night. Not forgetting the extra clothes washing for those work clothes.

There must be a better way.

Just think you drive to work 1 hour each way that's

2 hours a day times 5 days = 10 hours

50 weeks x 10 hours = 500 hours per year.

That 500 hours divided by 12 hours = 41 days lost each year in your awake hours

Start work at 18 retire at 65 that's 47 years of work which means you have travelled 979 days or 2.7 years just going backwards and forwards to work.

So now that you are possible of wasting 2.6 years of your life driving to work. Why not stay at home work say 8 hours a day if you wanted to and have an extra 10 hours a week to enjoy life?

This is exactly what I did. And now there is not the worry of getting ready to go to work, working for someone else who is making a tidy sum as a manager etc, who is paid more than you and getting probably bonuses while you stay work at a lower rate of pay.

Imagine over time building a solid work at home base to make \$4,000,

\$6,000 or \$10,000 per month? (Reminder it will only work if your determined and take action)

So my advise to you. Is get out of your comfort zone. Have a look at this [offer](#), take the next step to ensure your success. Ensuring you have money for your retirement, health bills and your family.

So what you need to do now is [open this link](#) and watch a video and receive emails giving you what you need to do to save

At least 2.6 years of your life or how many years left you would drive realistically know where. After all do you get excited driving down the same road every day? No I didn't think so.

So open [this link](#) and be part of a new you.

Remember the most famous people in this world jumped out of their safety zone and invented or started a business. And every day you are using your paying them to get richer and more wealthier.

So open this up and make the best of the new YOU.

[Find Out More Here](#)

Conclusion

I would like to thank you for reading this book and I know you will get a lot out of it.

Some of you may think they love working in their job. So be it I used to as well until I had my mechanic.

The bottom line is I had no real income while I was in rehab for nearly a year.

This brought a lot of stress into my life and ended up in divorce. I have built up a reputation helping people and with my new work giving donations to various organizations.

Remember you may have insurance, you may have a savings plan, you may think it will never happen to me.

The bottom line,

1. How much do you have today?
2. How long will that money last?
3. What is your 5/10 year plan if you had to use the money today

Why? because I am now in a position that this will happen.

That if something went wrong I have a passive income. Or money coming in and it is now even while I sleep.

Have you ever woken up looked at your back office to find you had a commission/s paid over night while you sleep? Or on holiday an extra \$1,250 commission, how much more could you do on holiday?

Remember when your business is online, it works 24/7 as people like yourself one looked for a suitable job, business etc to work online.

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PS: Add me on the links below to find out more

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